



Harnessing the Power Within: The Successful Woman's Guide to Wholeness

Gia Lacqua
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Explore the profound mind-body connection and learn to reconnect with your embodied self. In this transformative breakout, participants will discover the untapped power within themselves by harnessing the profound connection between the mind and body. This enlightening session will delve into the science and practice of tapping into your intuition, activating your three brains, and regulating your nervous system, paving the way to wholeness and inner balance. Join us for an empowering journey of self-discovery and transformation as we explore the limitless potential of intuitive mastery and the mind-body connection.

About Gia

Gia Lacqua is a renowned empowerment coach, international motivational speaker, podcast host, children's book author, and leadership expert known for her transformative work with high-performing women. With nearly 20 years of experience in the biopharmaceutical industry, including serving as Vice President of a Fortune 100 Company, she brings a wealth of expertise in strategic change management, innovation, and transformation. Gia holds a Bachelor of Science in Human Development. In addition, she is a Trauma-Informed Certified Coach and a Certified Neurological Fitness™ Trainer. She is Forbes Coaches Council member and contributor.